Checking Your Blood Glucose Using TRUE METRIX

A guide for testing your blood glucose

Simple Steps to Test Your Blood Glucose

Meter, Test Strips & System Components

Front **Back**

- Battery Compartment
- Meter Labels
- Data Contacts
- Display
- Strip Release Button
- Test Port
- Contact End (blocks facing up)
- Sample Tip

Test Strip
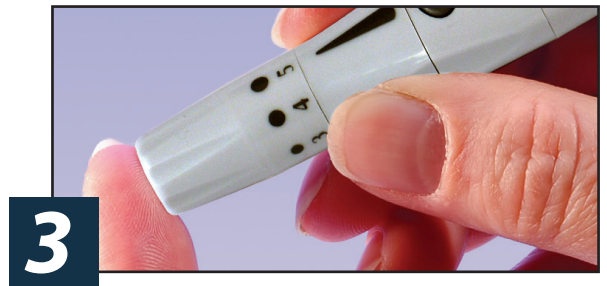

Blood Glucose Testing

1
Wash your hands with warm, soapy water.

2
Remove Test Strip from vial and close vial immediately. Insert Test Strip into Test Port with Contact End (blocks facing up). The Meter turns on.

3
Lance your finger. For single patient use only.

4
With Test Strip still in Meter, touch Sample Tip to top of blood drop and allow blood to be drawn into Test Strip. Remove from blood drop immediately after Meter beeps and dashes appear across Meter Display.

5
In as fast as 4 seconds, glucose result will be displayed.

6
Hold meter with Test Strip pointing down. Press Strip Release Button to discard Test Strip in the appropriate container.

This guide provides a brief overview on testing your blood glucose. If you need information about setting up your meter with correct date and time, consult the "Getting Started" section of Owner's Booklet. For more detailed information on complete blood glucose testing procedure, consult "Testing Blood" section in the Owner's Booklet.

WARNING! Upon opening the test strip carton, examine the product for missing, damaged or broken parts. Ensure the test strip vial cap is securely closed. If the product is damaged or the vial cap is not closed, DO NOT use the test strips for testing; product may give inaccurate results. Contact Trividia Health Customer Care for replacement and assistance.

Notes:

00-00-00 Notes:

ART INFORMATION

DESIGNER: Mark

DATE: 13aug20   **SIZE:** 8.5x11 4/0

SUBSTRATE/FORMAT:
White Board/Box ☐   Shrink Sleeve/Label ☐
Pressure Sensitive/Label ☐

IMAGES

Colors:

Process Colors Used in Art

C **M** **Y** **K**

4 Color Process

PANTONE® simulations used in this art may not match PANTONE-identified solid color standards. Use current PANTONE Color Reference Manuals for accurate color.

Graphic Artist/Reviewer:

Artist/Date	Reviewer/Date
mm13aug20	RW 10/02/20
RW 08/17/23	OR 08/17/23
Artist/Date	Reviewer/Date
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Artist/Date	Reviewer/Date
Artist/Date	Reviewer/Date
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